

Postdoc Mentoring and Advising

A Mentoring Plan is intended to provide a roadmap for both the mentor and the postdoctoral researcher of the research activities that will be undertaken to advance postdocs' professional and career development.

According to the Office of the Vice President for Research, Postdoctoral researchers and their supervisors should plan for an introductory meeting to set overall goals and construct a mentoring plan before the start of employment. General guidelines for a mentoring plan are available [here](#). This [Mentoring Toolkit](#) includes resources to help draft a mentoring plan, as well as provide suggested discussion topics, and other resources.

In the event of appointment extension beyond the original term of 12 months, mentors and postdoctoral researchers must complete an Annual Development Review to assist postdoctoral researchers in identifying goals and developing research plans. A sample Annual Development Review form is available [here](#).