

Additional Postdoc Resources:

Information for New Postdoctoral Researchers at MIT –

<https://postdocs.mit.edu/information-new-postdocs>

MIT Benefits Department – benefits@mit.edu

HR/Payroll Service Center – payroll@mit.edu or (617) 253-4255

International Scholars Office – ischo@mit.edu or (617) 253-2851

MIT Medical – <https://medical.mit.edu/>

- 24-hour Urgent Care: On campus phone number: 3-4481. Off-campus/cell phone number: 617-253-4481

Getting Help & Medical and Stress Management Resources –

<https://postdocs.mit.edu/home/campus-services-resources-and-tips/getting-help-medical-and-stress-management-resources>

MyLife Services – <http://hrweb.mit.edu/worklife/mitmylifeservices>

MIT Information Systems and Technology Service Desk – servicedesk@mit.edu or 617-253-1101

MIT Police – Dial 100 from any campus phone. Off-campus/cell phone number: 617-253-1212

MIT Card Office and I-9 Verification – Atlas Service Center, [E17-106](#)

MIT Map – <http://whereis.mit.edu/>

MIT Staffing – <http://careers.mit.edu/>

National Postdoc Association (NPA) – <http://www.nationalpostdoc.org>

MIT is a sustaining member of the National Postdoc Association and so any postdoc affiliated with MIT and with an MIT email address can join the NPA for free as an affiliate member and is entitled to free subscriptions and access to members-only web content.

Postdoc Forum – <http://mailman.mit.edu/mailman/listinfo/postdocforum>

A listserv created by the MIT Postdoctoral Association for open discussion of postdoc issues and dissemination of information pertaining to postdoctoral life.

MIT Libraries – <https://libraries.mit.edu/>

MIT Transportation:

- **Public Transportation** – <http://web.mit.edu/facilities/transportation/tpass.html>
Postdoctoral researchers on MIT campus are eligible for free, unrestricted MBTA subway and local bus access. Your MIT ID card should say “Charlie INSIDE” indicating it has MBTA chip inside to provide this access:
- **Campus shuttle buses** – <http://web.mit.edu/facilities/transportation/shuttles/index.html>
For travelling both on and off campus, free with an MIT ID card (Tech Shuttle, EzRide, Saferide, Grocery Shuttles, Airport Shuttle)
- **Driving** – <http://web.mit.edu/facilities/transportation/parking/employee/index.html>
Employees who drive and park on campus pay a daily parking fee for each day they park at their designated location, plus an annual parking fee, up to an established annual cap. Current parking rates can be viewed here. For more information, please review the [Employee parking FAQ](#) and the [All parkers FAQ](#). Please contact the Department’s parking coordinator, Irina Singh, ibsingh@mit.edu, 617-253-3159, if you have any commuter questions.

Housing Options:

- **Information on off-campus and on-campus housing options** – <http://postdocs.mit.edu/home/campus-services-resources-and-tips/housing>
- **Additional housing/accommodation options** – <https://www.sabbaticalhomes.com> and <http://www.academichomes.com>

Family Resources:

- **Newcomers’ Guide** – <http://spouses.mit.edu/resources>
Provides a wide range of information from language classes, volunteer opportunities to places of interest for children.
- **Support group for mothers** – <http://mailman.mit.edu/mailman/listinfo/gradmoms/>
Group for mothers who are full-time MIT graduate students or postdocs that meets monthly:
- **MIT Work-Life Center** – <http://hrweb.mit.edu/worklife/>
Provides all members of the MIT community with advice, referrals, and resources on parenting, child care, schools, legal and financial issues, and oversees the Institute’s child-care centers.
- **MIT Parents Association** – <http://parents.mit.edu/s/1314/04-parents/index.aspx?sid=&gid=31&pgid=1132>
- **Relocation information for parents** – https://hr.mit.edu/sites/default/files/relocation_info_for_parents.pdf

Tax Information:

- **General Information** – <http://postdocs.mit.edu/postdoctoral-position/tax-information>
- **MIT Payroll Service Center** – <http://vpf.mit.edu/payroll> or payroll@mit.edu or 617-253-3337. They can respond to all tax and payroll related questions.
- International Postdoctoral researchers may be eligible for coverage by a tax treaty, however, application of tax treaty coverage is not automatic. You must complete the appropriate forms, which can be collected from the MIT Payroll Office.
- If you are unsure of your eligibility to be covered by a tax treaty, please email payroll@mit.edu with your name, MIT ID and country of tax residence, and someone will get back to you with information on your eligibility.
- **The Vice President for Finance Office** – http://vpf.mit.edu/static/pdf/PostDoc_Fiscal_Info_V3.pdf Provides payroll information for Postdocs.
- **International Scholars Office** – <http://web.mit.edu/scholars/intlscholars/taxes/index.html> Offers workshops on taxation usually at the beginning of each calendar year.

Banking:

- **MIT Federal Credit Union** – <https://www.mitfcu.org/> Located at the Stratton Student Center, W20-016 and at 700 Technology Square, NE48.
- **Bank of America** – Located at the Stratton Student Center, W20-016.

Additional Questions:

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